

# SOUND BATH

W/ BREATH WORK & GUIDED MEDITATION



Jamie Dubin

Deeply empathic, intuitive, and compassionate, Jamie is a heart-centered healing arts practitioner who works with breath work, sound healing, sound bowls and Reiki to hold healing experiences for others.



Molly McCabe

Uses a variety of instruments and her angelic vocal toning to provide sound healing, learned, and original guided meditations, Molly will lead you to open and clear the energy channels to allow for maximum healing potential.

*A sound healing with Crystal Singing Bowls, Angelic vocal toning, various sound instruments, guided meditation and Reiki.*

\$30



Scan this code with the camera to prepay!

Saturday, July 6th 6:30pm - 8pm • Central Coast Body Therapy Center • 2005 9th street, Los Osos